Georgia Veterans Triathlon

0.5 MILE SWIM * 13.6 MILE BIKE * 3.1 MILE RUN **AUGUST 16, 2003**

DATE: August 16, 2003 7:00 AM (EDT)

TIME: Registration and packet pickup 5:00 to 6:45 AM. Pre-race brief at 6:45 AM. Race begins at 7:00 AM.

LOCATION: Georgia Veterans Memorial State Park, off of U.S. Highway 280 West

REGISTRATION AND FEES: All members are required to have a USA Triathlon License number. Each member must submit an entry form, provide USAT membership or purchase day of event membership, and sign waiver. A \$9 one-day license is included in non-member fee. All forms must be received together. See entry form for fee breakdown. All race fees are nonrefundable.

RACE T-SHIRTS: The first 100 registered will receive T-shirts on race day all others will be mailed. Finisher medals for all finishers! COURSE: Race starts and ends at the Georgia Veterans Memorial State Park. Swim ½ mile in Lake Blackshere, bike through mild hills along scenic Lake Blackshere and Georgia Veterans Memorial State Park, and finish with a 5 K run through the park.

AWARDS CATEGORIES: Awards three deep to overall male and female. Awards one deep to overall masters male and female, and overall grandmasters male and female. Awards three deep in male and female five year age groups 13 to 85 plus. Top 3 Clydesdale/Athena 15–39, and

RULES: All USAT rules will be in effect. ANSI or SNELL approved HELMETS are required. There will be absolutely No Drafting on bike course. Assistance in the transition area is not permitted. No flotation devices permitted on the swim.

REGISTER EARLY AND SAVE \$10.00!!! ENTRY FORM NAME ______ AGE _____ DOB _____SEX ____ PHONE_____ ADDRESS _____STATE ____SIP ____ CIRCLE ONE Age Group Clydesdale Athena **EARLY REGISTRATION** USA TRIATHLON MEMBER **NON-MEMBER** Adults 18 and up \$40 _____ \$49 ____ Youth 17 and under \$20 _____ \$29 _____ \$59 ____ SAME DAY REGISTRATION \$50 T-SHIRT SIZE (CIRCLE ONE) MED LG XLG USA TRIATHLON NO. ____

MAKE CHECKS PAYABLE TO:

Cordele-Crisp Chamber of Commerce Send to: Marvair, Attn: Nelson Rodriguez PO Box 400

Cordele, GA 31015

TIMING PROVIDED BY Alta Vista Sports

FOR MORE INFORMATION CALL: Nelson Rodriguez (229) 273-8058 x191 hammering1@earthlink.net or nrodriguez@airxcel.com Monica Simmons (229) 273-1668